



TILT is committed to the health and safety of all our members!

Moving forward, we will be requiring members to complete this brief self-assessment before joining class. When you arrive to class, you will be asked whether you have answered "Yes" to any of these questions.

If so, you will not be permitted to take class that day. If you have answered no or unable to ALL questions, you may proceed into class.



In the past 14 days have you experienced any of the following symptoms?

Fever - Sore throat - Loss of taste or smell -
Cough - Headache - Nausea/Vomitting/Diarrhea
- Muscle aches - Chills - Shortness of breath

Yes/No



In the past 14 days, have you been diagnosed with either a confirmed or presumptive case of COVID-19?

Yes/No



In the past 14 days, have you been in close contact (less than 2 meters apart for 15 minutes or longer) with someone that has been diagnosed with either a confirmed or presumptive case of COVID-19?

Yes/No



In the past 14 days, have you travelled outside of Massachusetts, Connecticut, Vermont, New Hampshire, Maine, New York, or New Jersey?

Yes/No



If you are able, please take your temperature: Is it above 99.5 degrees F/37.5 degrees C?

Yes/No/Unable to take temp