



TILT is committed to the health and safety of all our members!

We will be requiring members to complete this brief self-assessment before entering the gym or joining class. When you arrive, you will be asked whether you have answered "Yes" to any of these questions. If so, you will not be permitted to enter the gym or join class. If you have answered no to ALL questions, you may proceed into the gym.

In the past 14 days have you experienced any of the following symptoms?

Fever - Sore throat - Loss of taste or smell -
Cough - Headache - Nausea/Vomitting/Diarrhea
- Muscle aches - Chills - Shortness of breath

Yes/No

In the past 14 days, have you been diagnosed with either a confirmed or presumptive case of COVID-19?

Yes/No

In the past 14 days, have you been in close contact (less than 6 feet apart for 15 minutes or longer) with someone that has been diagnosed with either a confirmed or presumptive case of COVID-19?

Yes/No

In the past 14 days, have you travelled outside of Massachusetts.

Yes/No

Have you received a COVID test and are still waiting for your results?

Yes/No

Is your temperature above 99.5 degrees F/37.5 degrees C? TILT coaches will scan you with a non-contact thermometer when entering the gym.

Yes/No